

Soups						Lupin	Milk		MUSTARD			ISSAM OR		Beer
Allergens	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
LENTIL														
ТОМАТО							If adding cream/quark							
TOMATO, CARROT & RED PEPPER							If adding cream/quark							
CHICKEN NOODLE		Wheat-Can use GF Pasta		In Noodles can use spaghetti		Present If using Gf pasta							Present If using Gf pasta	
CHICKEN AND RICE BROTH													pasta	
POTATO & LEEK														
MINESTRONE		Wheat-Can use GF pasta				Present If using Gf pasta							Present If using Gf pasta	
VEGETABLE BROTH		Barley												
TOMATO, CARROT & RED PEPPER SOUP							If adding cream/quark							
CHICKEN AND SWEETCORN SOUP														
SPICY LENTIL AND TOMATO SOUP														
CARROT & CORIANDER							If adding cream/quark							



Sandwich & Baguettes						upin Flour	Milk		MUSTARD			SSSAM		WINE
Allergens	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds		Sulphur dioxide
Tuna Salad Baguette/Sandwich Chicken Tikka Baguette/Sandwich		in Baguette In Bread In Wrap In Baguette In Bread In Wrap		n Mayonnaise n Mayonnaise			In Mayonnaise In Mayonnaise, Tikka sauce		In Mayonnaise In Mayonnaise			In Baguette In Baguette	In 50/50 Bread In 50/50 Bread In 50/50 Bread	
BBQ Pulled Pork Baguette/Sandwich Cheese Savoury Baguette/Sandwich Egg Mayonnaise		In Baguette In Bread In Wrap In Baguette In Bread In Wrap In Baguette		n Mayonnaise Can serve without			In Mayonnaise In Cheese In Mayonnaise		In Mayonnaise Can serve without In Mayonnaise			In Baguette In Baguette In Baguette	In 50/50 Bread In 50/50 Bread In 50/50 Bread	
Baguette/Sandwich Chicken Fajita Baguette/Sandwich Plain Roast Beef		In Bread In Wrap In Baguette In Bread In Wrap In Baguette In Baguette In Bread		n Mayonnaise Can serve without			In Mayonnaise		In Mayonnaise Can serve without			In Baguette In Baguette	In 50/50 Bread In 50/50 Bread	
Baguette/Sandwich Plain Roast Chicken Baguette/Sandwich Plain Cheese Baguette/Sandwich		in Wrap In Baguette In Bread In Wrap In Baguette In Bread In Wrap										In Baguette In Baguette	In 50/50 Bread In 50/50 Bread	
Plain Roast Turkey Baguette/Sandwich Spicy Mixed Meat Baguette/Sandwich		In Wrap In Baguette In Bread In Wrap In Baguette In Bread In Wrap										In Baguette In Baguette	In 50/50 Bread In 50/50 Bread	
Five Bean Salad Baguette/Sandwich		In Baguette In Bread In Wrap							In Bean Salad			In Baguette	In 50/50 Bread	

### **ALLERGEN CONTENT MATRIX for GRAB BAG**

Updated 04/08/20

Salads and pasta						upin Flour	Milk		MUSTARD			SESAME ON THE PROPERTY OF THE		WINE Beer
Allergens	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Chicken pasta box		Can provide GF pasta		n Mayonnaise Can serve without		If using GF pasta	In Mayonnaise Can serve without		In Mayonnaise Can serve without				If using GF pasta	
Roast Beef Salad Box		In FlatBread		n Mayonnaise Can serve without			In Mayonnaise Can serve without		In Mayonnaise Can serve without					
Italian pasta box with mozzarella		Can provide GF pasta				If using GF pasta	In Cheese can be served without						If using GF pasta	
Spicy Mixed Meat Salad Box		In FlatBread												
Tuna pasta box		Can provide GF pasta		n Mayonnaise Can serve without		If using GF pasta	In Mayonnaise Can serve without		In Mayonnaise Can serve without				If using GF pasta	
Chicken Caesar Salad Pasta box		Can provide GF pasta		n Caesar Dressing		If using GF pasta	In Caesar Dressing						If using GF pasta	
Sweet Chilli Chicken Salad Box		In FlatBread												
Pulled Chicken Italian Pasta box		Can provide GF pasta				If using GF pasta	In Cheese can be served without						If using GF pasta	
Savoury Cheese salad Box		In Flatbread		n Mayonnaise Can serve without			In Mayonnaise Can serve wthout		In Mayonnaise Can serve without					
Five Bean Salad		In Flatbread							In Bean Salad					



Other food items					D°	Lupin	Milk		MUSTARD			SESAME OR.		Beer
Allergens		Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Vegetable Cous Cous Salad (v)	Flatbread & Cous cous													
Bread Items														
10" Baguette halved for Primary Schools												May contain		
Wraps														
Flatbread														
Kingsmill 50/50														
Snack Food Items														
Wholesum Crisps; (Contain pea protein)														
BBQ (No Allergies)														
Chilli (No Allergies)														
Sea Salt (No Allergies)														
Salt & Vinegar (One Allergen)		Barley/Gluten												
Pop oats crisps; (Contains oats)														
Barbecue BBQ (No allergies)														
Sour Cream														
Salt & Vinegar (No allergies)														
Kelloggs Cereal Bars														
Strawberry, Blueberry & Apple		Wheat/Oats												



Dairy Products			
Mueller Yoghurts			
Yazoo Milk			