

Welcome to the latest newsletter.

This newsletter will combine March and April due to the Easter break taking out two weeks in April.

The month of March and the week after the Easter break in April are always very busy in schools. For our senior pupils they are completing coursework in many subject areas and engaging in final revision and preparation for their SQA exams that began on Monday 24 April. For our S2 pupils they are selecting their subjects for S3 and our S3 pupils are selecting their subjects for National Qualifications. Limited number of S4 select some subjects for S5 and all S5 select their academic programmes for S6.

As I mentioned in the last newsletter the preparations for 2023-24 are in full swing. We have been busy appointing new staff for various posts. We will have two Acting Depute Head Teacher posts starting in August 2023. Mr McClune, currently PT Design Technology / Computing and Ms Steel, currently PT Biology were successful and will start their new posts in August. We will need to backfill their posts and we have a number of other positions to fill in Business Education, Physics, PE, RME, English, History and Music. We await an update from East Dunbartonshire Council in relation to our allocation of probationer teachers for 2023-24. Details are usually passed on to schools by mid-May.

Ms Carty, who was Principal Teacher of Religious Education within the school for the past 12 years, left on Friday 21 April to take up a new position of faculty Head of Social Subjects and RE in Bo'ness Academy, Falkirk Council. We thank her for her contributions to the school over the past 12 years and wish her well in her new position as a faculty head.

In this combined newsletter, there are details of a wide array of activities that our pupils have been involved with, and have achieved success in, across March and April. Congratulations to the all.

I hope you enjoy the content of this newsletter.

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Protocol for parents / carers when visiting the school

One of the school's core values is 'respect' and we encourage this in our day-to-day interactions with our pupils. We ask that our staff demonstrate respect when engaging with pupils and parents/carers. In the vast majority of cases, when we contact parents/carers that respect is reciprocated towards our teaching and support staff. Staff within the school appreciate this. It is disappointing to report that in recent weeks we have had a very small number of cases where parents /carers have been verbally aggressive towards some of our staff. Whilst cases of this nature are rare it is important that we emphasise that our staff have the right to carry out their work without being subjected to any form of verbal aggression. I appreciate your support in this matter going forward.

S6 Last Day

The formal last day of school for our S6 pupils is always a very meaningful one to them. It is to their absolute credit that they had an excellent last day. We asked them what they wanted to do on the last day but they did not want anything fancy. They spent their day on the Bridge reminiscing with friends; getting their shirts signed by their peers and by staff within the school; watching a slide show with memories of their six years with us; they got their Saltire Awards distributed for their volunteering and contributions to the school and wider community and they got their hoodies issued. For their last meal, pupils usually opt for pizzas. Not this year. Our S6 opted for McDonald's Happy Meals and happily chomped their way through these. To each their own.

We look forward to the S6 Prom on Thursday 1 June and I am sure this will be a lovely last event for the S6 of 2022-23. Our S6 cohort this year have been a lovely group of youngsters and we wish them all the very best for whatever they choose to do post-school.

Return of textbooks

A brief reminder that pupils should return all textbooks and equipment on the day of their exam for a particular subject or as soon as possible thereafter. This enables departments to prepare for the start of the new timetable in June.

Tree of Knowledge

On 20 and 21 March we engaged a company called 'Tree of Knowledge' to work with our S4 cohort to help prepare them for their SQA exams. The company specialise in giving motivational messages and study tips to pupils. We split the year into eight groups of 30 pupils

Class Visits

Throughout the month of March, members of our Senior Leadership Team have been engaged in a range of class visits. This year our focus has been on what we refer to as 'meta-cognitive strategies' as this is part of the School Improvement Plan. Put simply meta-cognition is a broad term that relates to various strategies that can be used to aid pupils to be more independent learners. Having reviewed between 30-35 lessons across all departments, we observed many really positive and successful strategies. We look to spread effective practice in some areas to other areas of the school and vice-versa so that all departments are learning from each other.

Scotland Tonight

During the Easter break, some of our senior pupils were interviewed for a special programme looking at post-COVID schooling and preparations for the forthcoming SQA exams. Rona Dougall, an ex-pupil of Lenzie Academy, presented the programme and this was a trip down memory lane for her. Our pupils presented very well and were articulate in putting their points across. In total, the pupil interviews took nearly an hour, though their input on the show was only 2-3 minutes in duration. Similarly, they interviewed me for 20-25 minutes and asked about 10 questions, as well as filming a variety of other shots e.g. walking down corridors; sitting at my desk working. Like the pupils' input, this was edited down considerably for the final programme to 'one-half of one answer'. All our best work left lying on the editor's floor. That's showbiz for you!



Regardless of the limited input, our pupils represented the school very well and the school looked good.

World Book Day 2023



To celebrate World Book Day on 2 March the library ran a successful "Murder in the Library" competition.

Pupils from S1 and S2 used the library resources to answer a series of questions to identify the murder victim (Mrs Clyne), the murder weapon (Gun) and the murderer (Ms Roy).

The lucky winner was a S1 pupil but a well done must go to all the Lenzie Academy's amateur sleuths who enthusiastically participated in the competition.

Police Scotland Visit to Modern Studies

On Monday 27th March, Police Scotland officer, PC Thomas, visited S3 and S4 Modern Studies classes, and the S6 Criminology class. S3 and S4 pupils learn about the roles and powers of the police in Scotland, and the effectiveness of the police in tackling crime. This visit allowed pupils to consider what they have learned in their Modern Studies classroom and further develop this by engaging in a Q&A with a serving Police Officer. Pupils prepared for this visit by coming up with their own questions to ask; with some pupils considering the training programme or the salary of a Police Officer due to their interest in joining Police Scotland when they leave school. All pupils involved in this visit engaged very well with PC Thomas, asking interesting questions about the day-to-day tasks of a Police Officer, the different branches within Police Scotland, and his own personal experiences on the job. This allowed pupils to draw direct links between their classroom learning and the wider social world around them. PC Thomas was impressed with the knowledge and values of all pupils involved in the visit and is hoping to be able to facilitate more visits in the future. Pupil feedback was wholly positive, with pupils appreciating PC Thomas' honesty throughout the Q&A and his advice about the expectations of the job and the recruitment process:

- *"He was honest and didn't sugar-coat the negatives of being in the police"*
- *"The visit reinforced for me that I really do want to join the police when I'm older"*

The Criminology pupils were also able to apply their prior knowledge from what they have learned in their class to help them formulate questions to ask PC Thomas. His visit also complemented information they already had from their recent visit to HMP Low Moss.

The Modern Studies department thank PC Thomas for taking the time to come and visit our pupils, and our S3, S4 and S6 pupils for representing the school so impressively.

Sports Tour

Before the Easter break 51 pupils & 5 staff members had a fantastic time on our first Football Sports tour of Spain in over 5 years (due to Covid). The group played 3 competitive matches at one of the best sporting complexes in Salou. The group had some down time where they went to the Portaventura theme park and Go Karts Salou. We finished off a very successful sports tour by visiting the Camp Nou (Barcelona) and getting access to all areas to see some of the biggest and famous footballer's personal and team memorabilia and one of the oldest stadiums in the world.



Individual Pupil Success

Rotary Young Musician of the Year Competition

On Sunday 5th March, Pianist, Samuel Chan competed in the next round of the Rotary Club Young Musician of the year competition at the Royal Conservatoire of Scotland. Samuel performed very well and received positive feedback from the judges. Well done Samuel!



Writing Competition Success

Markus (5IG2) has been awarded Joint Runner-Up in the Scottish Review's Scottish Schools' Young Writer of the Year Competition 2022-23.

His fantastic article about entomophagy (the practice of bug-eating) was chosen from nationwide entries as a winner by a panel of judges, including broadcaster Sally Magnusson and Scottish actor Bill Paterson. Judges' comments included: "An entertainingly argued polemic on the joys and economic benefits of eating insects. It could go straight into a newspaper," and, "A delightfully light-footed essay – witty, thought-provoking and full of surprises."



Markus has won a prize of £300 and this is now the third time a Lenzie Academy pupil has made the shortlist for the competition. Markus's article and the accompanying judges' comments can be read online: <https://scottishreview.net/SSYWY2023Report.html>
Well done, Markus!

Rugby



On the 25th of March, S5 pupil Zoe, was part of the rugby team who played in the cup final at BT Murrayfield stadium playing for Stirling County RFC. *"Playing in the main stadium where the international games take place we played against Edinburgh Harlequins, we managed to win 55-0 which I am very proud of and to win the U18 girls National Cup."*

Swimming

The Scottish Schools Swimming Championship took place this month and congratulations go to Eilidh (4IG1) who came 5th for the 100 and 200m breaststroke and Katie (5FL1) also finished in 9th place.

S1 Football Success - Treble Chasers

The S1 football team are on track to win three football titles this year.

They recently secured the East Dunbartonshire League with an enthralling come back against St Ninians in their final league game of the season. After being unexpectedly 0-2 down at half time, they fought back to take a 3-2 lead, only for St Ninians to equalise in the final kick of the game. However, avoiding defeat was enough to finish in top spot. EDC under 13 League Champions - Lenzie!!

They S1 team are also through to the final of the EDC Cup after a semi-final victory against Bearsden Academy. The game was very competitive, however the team managed to still finish a convincing 4-0. They will now play Bishopbriggs Academy in the final at Lennoxton on Tuesday 30th May 5:15pm KO.

More importantly the S1 team are in the final of the Scottish Schools Club and will go head-to-head against Holyrood. Lenzie U13s have been ruthless in their route to the final. Their first match was a 1-9 victory away to Hermitage, followed by an equally impressive 9-0 home win against All Saints. The 3rd and 4th rounds were comfortable wins too, beating Robert Burns 9-2 and Calderglen 1-5. The quarter final was a closer match, however we proved too strong in the end for Wallace Academy, winning 0-4 away from home. The semi-final was played at a neutral venue and despite going down 1-0 to St Peter the Apostle the mighty Lenzie Academy came back strong to win 1-3.

Holyrood (a National Performance School of Football) will be a tough opposition, but Lenzie U13s are unstoppable when on form. The match is scheduled for Wednesday 10th May, 7pm at Renfrew FC.



Come on Lenzie! #webelieveinyou

Columba 1400

A massive congratulations to our brilliant Columba 1400 group on successfully completing the Young People's Leadership Academy. Our S2 and S3 pupils put their leadership skills into fruition by welcoming Lillyburn Care Home into Lenzie Academy for a series of fun and eventful afternoon visits. Their impressive organisation and teamwork was clearly evident with each day proving a huge success. Some of the activities provided by the group included afternoon tea, ice breaker tasks, painting, board games and Bingo. The elderly from Lillyburn were great company with some excellent jokes, wonderful poem reading and an inspiring piano performance from the amazing Morag. There was also a special performance from our fantastic dance students who put on an outstanding show. A huge thank you to Andrea and all the staff at Lillyburn Care Home for your help in ensuring the success of this event. A very well done to everyone involved.



Visit to Lenzie Come and Sing!

On Tuesday 20th of March, Alice O, Lois M, Thomas M, Evans C, Catherine M, Aditi D, Flynn P went to Lenzie parish church to sing at Lenzie Come and Sing dementia group. We sang a set of five songs: Skye boat song, over the rainbow, fly me to the moon, with a little help from my friends and dancing queen. Evans played his violin during the songs. Thomas also played a piano piece and Flynn played bagpipes. Every one at come and sing was very welcoming and it was a really enjoyable afternoon.

Rebecca G, S6



Lenzie Academy Dance Show 30th March 2023

Over 70 pupils involved with dance across Lenzie Academy took part in performing a fabulous show for friends and family before the Easter holidays. The show consisted of 38 performances from S1-S5. From S1 extra-curricular clubs to National 5 and Higher Dance performance pieces, the show was jam packed with impressive choreography and hard work from the Lenzie pupils. The night was a huge success with over 200 friends, family and teachers in the audience alongside a fully sold-out tombola! The dance show was a fundraiser for all things dance within the school and the money has already been put to good use by providing our new cheerleading team with a set of brand-new pom poms for their upcoming competition. The dancers put on a fantastic show and came away saying, "We can't wait for the next one". Thank you again to all the friends, family and teachers who helped provide a brilliant atmosphere to support the dancers.



Lenzie Academy Dance Academy

Friday 21st April was the official launch of the new Breakfast Dance Academy. We have 25 pupils signed up so far to take part in a dance class early Friday morning. The academy will be a focus on improving dance technique, confidence and working towards upcoming events. This exciting new opportunity will also be available for upcoming S1's.

S3 Wider Achievement and Character Education

S3 Pupils began their YPI experience on 18th April when they engaged in the first charity speed date held face to face since 2019. S5 representatives from local charities were interviewed by groups of pupils to discover what social issues they addressed and how they would spend £3000 if they were allocated the grant given to S3 by The Wood Foundation





The S3 have now been allocated their Teams and are working on choosing and presenting a social issue to the rest of their class. This gives them a chance to develop 21st Century Learning skills of ICT, Collaboration, Problem solving, Self regulation and Communication. After creating and presenting a group PowerPoint on an agreed social issue they will begin to research a relevant charity and produce a pitch for the £3000 using all their creativity.

The best 5 charity presentations will be performed in front of an invited audience a guest judges to secure the prize for their chosen charity on June 6th at 6.30pm

All pupils who spend time working towards supporting a charity will be able to gain Saltire Awards for volunteering. These are awarded for 10 hours, 25 hours, 50 hours, 100 hours 200 hours and 500 hours. Any pupil volunteering in any other capacity can have these hours added together to gain the bigger certificate. For more details contact Mrs Davidson

Some S3 pupils have chosen to further accredit their work at the end of the Broad General Education by undertaking Dynamic Youth Awards and Bronze Youth Achievement Awards. In negotiation with Mrs Davidson and our youth development worker Caroline Shirreffs they are using the YPI experience and also the Barcelona trip and being an S3 Mentor as individual challenges. Selecting personal targets to address during these experiences they are busy collecting evidence to go into their portfolio demonstrating their personal development. Any pupil wishing to undertake these youth awards can visit the library after school for a drop-in session with Mrs Davidson and Caroline or visit them in the RMPS base.

In RMPS the S3 have begun their work on the Inspiring Purpose – Sustainable Futures Poster competition. This is organised by Association of Character Education and requires pupils to examine their own character strengths and areas that they believe they should work on, analysing what makes people and quotations inspiring whilst also researching environmental issues that require individuals to work together to improve. The best eight submitted by 31st May will be put forward towards winning a prize and all those who complete the course will gain a certificate of achievement.

Any pupil who gains a wider achievement award this year will receive an invitation to Lenzie Academy's second Celebration of Character on the evening of 24th August.

S3 Elective

From the 24th of April until the 2nd of June, S3 pupils will focus on the six subjects that they are taking forward into S4. They do not continue with the three subjects they are not taking forward into S4 and instead all pupils will take part in the Youth Philanthropy Initiative (YPI) for three periods per week. This allows them to work on skills such as teamwork, research, communication, practical skills, and ICT. Pupils then have two elective courses to enjoy, this year we have provided even more choice with the addition of Baking and The Chemistry of Colour courses. We have also added a Duke of Edinburgh Elective class so the 52 pupils who have registered for the award can start working towards their accreditation just now.

Below you can see the variety



P7 Visits

The young people from our catchment primary schools who will become our new S1 cohort in August 2023 have started on our extensive transition programme. Applications to join the school from outside the catchment area remain very high and we had well over 100 placing requests but due to an increasing roll from feeder primary schools most of the placing requests have not been successful this year with only 47 young people being granted a place.

Our transitions programme is significant for all and we have an 'enhanced' transition for youngsters with additional support needs who require greater support through the process.

In April, our P7 catchment pupils attended the school across various days to participate in activities in Science, Art & Design, Music and Physical Education. They will come up again in mid-May to experience work in English and the Social Subjects (Geography, History & Modern Studies). For our placing request parents/carers and pupils we will set aside an afternoon for them to visit to school and find out more about our induction days in June. There are two induction days this year on the 1st and 2nd June. During these days pupils will meet with their guidance teachers for an extended period of time and thereafter experience what it is like to follow a secondary school timetable for two days. Throughout this period, the school will be quieter as S4-6 are still on SQA Study Leave and we have S3 mentors who will lead the P7s from class to class throughout their day. The P7 pupils know the mentors well as the mentors have already been down to the primary schools to visit the P7s and tell them a little about what secondary school is like.

We look forward to welcoming next year's S1 and we hope they have a wonderful experience with us in June.

Young Carers Club

Our new Young Carers Club started in April. Mrs Buchanan will invite all our young carers to this monthly club to participate in wellbeing activities. This month we met and got to know each other more, and pupils were able to unwind by having some cakes and drinks and played an icebreaker game. Our school's link from Young Carers also came along to tell us more about services that are provided within the council, including a young carer group within the community. Pupils were given their young carers pack which included some gifts and a novel to read. Next month we will be focussing on our favourite relaxation activities. If you think your child may be a young carer, please ask them to speak to their guidance teacher or Mrs Buchanan for more information and support. If you are unsure if your child may/may not be a young carer, please visit: <https://young.scot/campaigns/young-carers/>

Support for Pupils Department

In the lead up to our Senior Phase exam diet, the Support for Pupils department have shared information to help support our young learners' wellbeing, with advice on managing anxiety and coping with exam stress.

Full guidance on how to help your child beat exam stress is on the LA Support for Pupils twitter page @LenzieSupport

Useful Websites and resources:



Download the SQA App on your phone to keep note of exam dates and times and ensure they turn up in plenty of time, and know where they are sitting their exams.



Childline has loads of really useful information and resources, from dealing with stress and anxiety to navigating the pressures of exams.



1. [Parents Helpline](#)
2. [Parents Webchat and Email service](#)
3. [Using our Parents Helpline services](#)



Call Mind Infoline
0800 123 3393



Find out how to help your child through the stress of school exams and tests, including what you can do to help them cope with nerves and anxiety, ...



How do you help your child cope with exam anxiety and not getting the results they would like? We offer some advice and tips.

Message from Police Scotland

- regarding the illegal use of E-Scooters, Hoverboards and Segways.

For the purposes of trying to ensure the safety of our children and young people we would like to provide some information and guidance regarding the laws and legislation around E-scooters.

E-Scooters and similar mechanically propelled vehicles fall into the category of "motor vehicles" due to their design and motor functionality. In Scotland they therefore require to be used in conjunction with road traffic law. It is therefore illegal for any person without a full UK driving licence and policy of motor insurance to cover the "vehicle" to operate it anywhere other than on private land with the land owner's permission.

This simply means that children and young people should not be operating e-scooters anywhere that the public have access to e.g roads, pavements, parks, canal paths or play areas. We appreciate that this information is not always provided by retailers at the time of purchase however on a regular basis we are seeing dangerous and damaging incidents involving our young people and e-scooters.

PEF – Wellbeing

New initiatives/information

We continue to work on additional ways in which we can offer supports to pupils.

Parental surveys were group called out to all parents and pupil surveys were posted to all year group Teams on Monday 20th March. This survey aimed to gather your views on how successfully we are tackling pupil equity, including the financial costs associated with school and to consult with you on how we can better support the financial wellbeing of our families. Thank you to all who completed the survey. We value your views and aim to take these views on board going forward.

As we approach the end of the school year, particularly for our school leavers, we would like to ask that any blazers no longer required are handed in to the school towards the end of this term. Please remember that full school uniform, including blazers, should be worn by all pupils sitting SQA exams. We will then operate a blazer 'swap shop', where younger pupils can hand in blazers that no longer fit and swap this for a blazer in their current size. We are still finalising the logistical details of this and will be in touch with more information in due course.

Our school canteen continue to offer a daily breakfast service which is open to all pupils and staff. Pupils can purchase cereal, toast and juice. This is a safe, warm, comfortable space where pupils and staff can gather in the morning and purchase something to eat.

Within the school, we now have the facility to refer families in need of food support to EDC Foodbanks. EDC Foodbanks have facilities across East Dunbartonshire and provide families with food and household items, including fresh fruit and vegetables when available. If you are in need of any food support, please contact your child's Guidance Teacher in the first instance in order to start the referral process.

Information has been issued to all pupils in PSE and at assemblies regarding the Free Bus Travel Pass provided by the Scottish Government for all young people under age 22. We are encouraging all pupils to apply for this pass as it allows them to travel on all public transport buses in Scotland free of charge. For those under the age of 16, parents/guardians must apply for this pass, those over the age of 16 can apply themselves. Any pupil over the age of 16 should speak to their Guidance Teacher or Miss Provan if they need any support completing this application. The application and more information can be found online - <https://getyournec.scot/nec/pages/content/young-persons-free-bus-travel>

All pupils complete a Wellbeing Questionnaire every year. All year groups have now completed this. The questionnaire gives us an insight into pupil wellbeing in the school and informs pupil wellbeing groups run by the Support for Pupils department.

Pupil Equity Funding Background

Pupil Equity Funding (PEF) is additional funding from the Scottish Government allocated directly to schools and targeted at closing the attainment gap. This funding aims to ensure that all young people have equal access to educational opportunities. Funding can be used at the discretion of the school to provide targeted support for young people within the Broad General Education (S1-S3) who are living in SIMD areas 1-4.

The Scottish Index of Multiple Deprivation (SIMD) is a tool the Scottish Government use to identify the geographical areas in Scotland where people are most likely to experience disadvantage across different aspects of their lives including income, employment, health, education, access to services,

crime and housing. It is important to note that SIMD ranking is based on geographical postcode and thus identifies deprived areas, not people.

Lenzie Academy has used some of this additional funding to purchase uniform items, stationery/organisational materials and hygiene products. There is a QR code outside of the upper and lower offices in the school. Pupils can scan this code and it will take them to a Microsoft Form that they can complete if they require any of these materials. Alternatively, pupils can request this support directly from their Guidance Teacher. Materials will then be issued discreetly to pupils where appropriate. Whilst these materials are primarily there for S1-S3 pupils living in SIMD areas 1-4, we appreciate the current economic climate is challenging for many families. Your child should speak to their Guidance Teacher in the first instance if any additional supports are required and we will try to accommodate this where possible. Parents can also make contact with the Guidance teacher to discuss potential supports.

Applications for Free School Meals & School Clothing Grants

Applications for Free School Meals & School Clothing Grants for academic year 2022-23 remain open. You can submit an application at any time throughout the academic year if your circumstances change. East Dunbartonshire Council has been allocated additional monies from the Scottish Government which means they have been able to double the School Clothing Grant to £300 per eligible secondary school child. This increase is aimed at helping families cope with the current cost of living increase and will be applicable only for the current academic year. Please note, the application form can be completed and submitted at any point throughout the academic year. The application form can be found on the East Dunbartonshire Council website or by clicking the following link: <https://www.eastdunbarton.gov.uk/residents/schools-and-learning/grants/school-clothing-grant>

Please see our school website or the following link to access a support guide which talks you through the application form: <http://www.lenzieacademy.e-dunbarton.sch.uk/media/14552/cost-of-the-school-day-fsm-and-clothing-grant-application-support.pdf>

Please note that applications for the next academic year (2023/24) will not be open until the current academic year ends.

We have previously issued out our Pupil Equity and Financial Supports for Families guide, which included information about where families can access additional financial support. We have included this again in this newsletter as the cost of living crisis continues.

Request for application support

If you'd like more information on PEF or SIMD, please see the relevant section of the school website - <http://www.lenzieacademy.e-dunbarton.sch.uk/school-info/pupil-equity/> or contact Miss Provan via the school office – office@lenzieacademy.e-dunbarton.sch.uk

Pupil Equity and Financial Support for Families

In Lenzie Academy, we are wholly committed to supporting our pupils and the wider school community. This is particularly important right now given the cost of living crisis. As a result of this, many families are experiencing financial hardship for the first time, and financial circumstances remain tough for many, even as we approach the spring.

Within the school, we have a range of resource items available to pupils. These items include school uniforms, revision materials and hygiene products. Pupils should complete the Glow form using the QR code outside the upper and lower offices to request any items that are needed, or speak to their

Guidance Teacher. Additionally, we are now registered as a referral agency with East Dunbartonshire Foodbanks. If you are in need of food support, please contact your child's Guidance Teacher and we can arrange for you to be referred to your local food bank.

The links below provide information on financial supports available to families that may be of value.

The East Dunbartonshire Income Maximisation Service is available to all East Dunbartonshire residents and provides free confidential advice if you are experiencing any financial worries or hardships -

<https://www.eastdunbarton.gov.uk/health-and-social-care/services-adults-and-older-people/income-maximisation-service#:~:text=The%20East%20Dunbartonshire%20Income%20Maximisation,any%20financial%20worries%20or%20hardships>

School Clothing Grant and Free School Meals (FSM) – <https://www.eastdunbarton.gov.uk/residents/schools-and-learning/grants/school-clothing-grant>

You will find additional support information to help with your application on our school website -

<http://www.lenzieacademy.e-dunbarton.sch.uk/media/14552/cost-of-the-school-day-fsm-and-clothing-grant-application-support.pdf>

Pupils eligible for a School Clothing Grant will receive a payment of £150 to help with the cost of uniform.

Pupils eligible for Free School Meals will be given a daily allowance (enough to purchase one full meal at lunchtime).

Applications for the 2022/23 school year should open during July.

Education Maintenance Allowance (EMA) – EMA is a weekly payment of £30 to help support a student in education beyond the school leaving age of 16. Applications for the 2022/23 school year open at the beginning of July.

<https://www.eastdunbarton.gov.uk/residents/schools-and-learning/education-maintenance-allowance#:~:text=The%20scheme%20is%20part%20of,achieved%20100%25%20attendance%20per%20week>

Scottish Child Payment – <https://www.mygov.scot/scottish-child-payment>

Scottish Child Payment is a weekly payment of £20 made to families on low incomes in Scotland who have children under 6 years of age. This can help towards the cost of supporting your family to be spent however you see fit.

Scottish Welfare Fund – <https://www.mygov.scot/scottish-welfare-fund>

The Scottish Welfare Fund helps families and people in Scotland who are on low incomes with living costs. Support can be provided in the format of a crisis grant, self-isolation support grant or community care grant. You must be 16 or over and on a low income, or getting certain benefits, to apply for these grants.

Child Disability Payment – <https://www.mygov.scot/child-disability-payment>

Child Disability Payment provides support for the extra costs that a disabled child might have. You can also apply for Child Disability Payment if the disabled child does not have a diagnosis. This payment will be paid

until the child is 18. The amount of the payment can vary dependent on circumstances. The rate of payment made is dependent on the level of need of the child.

Child Winter Heating Assistance – <https://www.mygov.scot/child-winter-heating-assistance>

Child Winter Heating Assistance was introduced by the Scottish Government. It is a payment to help disabled children and young people and their families with increased heating costs over the winter if they are in receipt of a qualifying benefit. It is paid once a year, usually from the end of November onwards. The payment for winter 2022-23 is £214.10.

Cold Weather Payment – <https://www.gov.uk/cold-weather-payment>

Cold Weather Payments will be made when the temperature in your area is either recorded as, or forecast to be, an average of zero degrees Celsius or below over 7 consecutive days. You must be in receipt of certain benefits to be eligible for a cold weather payment. You'll receive £25 for each 7 day period of very cold weather between 1 November and 31 March.

Discretionary Housing Payment (DHP) –

<https://www.eastdunbarton.gov.uk/residents/benefits/discretionary-housing-payment>

DHP can help if your rent isn't covered by your Housing Benefit or Universal Credit. DHP awards reflect the individual circumstances of each claimant and the amount of funds available at the time of the application.

Employment and Support Allowance (ESA) – <https://www.gov.uk/employment-support-allowance>

ESA is a benefit for adults whose ability to work is limited through ill health or disability. You can apply if you're employed, self-employed or unemployed. ESA awards very dependent on whether the claimant is able to get back into work in the future or not.

Carer's Allowance – <https://www.gov.uk/carers-allowance>

Carer's Allowance is a benefit paid to people who spend at least 35 hours per week caring for someone – the person you care for must be in receipt of certain benefits for you to qualify for entitlement. Carer's Allowance is paid at a rate of £69.70 a week.

Carer's Allowance Supplement – <https://www.mygov.scot/carers-allowance-supplement>

Carer's Allowance Supplement is an extra payment for people in Scotland who are in receipt of Carer's Allowance at certain times of the year. The next round of payment is £245.70 in December 2022 – you'll be entitled to this payment if you are in receipt of Carer's Allowance on 10 October 2022.

Young Carer Grant – <https://www.mygov.scot/young-carer-grant>

Young Carer Grant is available to young people aged 16-18 who have been caring for 1, 2 or 3 people for an average of 16 hours a week for at least the last 3 months. Young Carer Grant is a yearly payment of £326.65.

Best Start Grant and Best Start Foods – <https://www.mygov.scot/best-start-grant-best-start-foods>

Best Start Grant and Best Start Foods are payments that help towards the cost of being pregnant or looking after a child. Best Start Grant is made up of 3 one-off payments: pregnancy and baby payment, early learning payment and school age payment. Best Start Food is a prepaid card that can be used in shops or online to buy healthy foods like milk or fruit.

Independent Living Fund Scotland Transition – <https://www.mygov.scot/independent-living-fund>

Young people aged 15-25 with a disability or impairment can apply to the Transition Fund for money to help them take part in a new activity or learn a new skill. The most amount of money you can apply for is £4,000.

Job Start Payment – <https://www.mygov.scot/job-start-payment>

Job Star Payments help with the costs of starting a new job. Young people or care leavers who have been out of work and/or in receipt of certain benefits. If your application is successful you'll get £267.65, or a higher payment of £428.25 if you're the main carer of any children.

Cost of Living Support (East Dunbartonshire Council) –<https://www.eastdunbarton.gov.uk/residents/cost-living/cost-living-support>

EDC have recently announced a £2.1million package of support, designed to help those most in need. Within this support package, there is a Winter Support Payment of £200, energy vouchers for council tenants, additional funding for the local Foodbank and Citizen's Advice Bureau and funding for a programme of free gym and swim access for school pupils between November 2022 and March 2023. Please visit the link above for more information about supports that may be relevant for you and for application forms.

Free Bus Travel Pass <https://getyournec.scot/nec/pages/content/young-persons-free-bus-travel>

The Scottish Government now provide a free bus travel pass to all young people in Scotland under the age of 22. This pass allows young people to travel on all public transport buses in Scotland free of charge. For those under the age of 16, parents/guardians must apply for this pass, those over the age of 16 can apply themselves