

Nat 5/ Higher Dance

Parental Engagement Evening

Course Components

- ▶ **Performance** **40% (H) 35% (N5)**
 - ▶ * **2 Solos (H) 1 Solo (N5)** (solos in Jazz/Commercial/Contemporary - external examiner)
- ▶ **Practical Activity** **30% (H) 45% (N5)**
 - ▶ * **2.5 min (H) 2 min (N5) choreography** on theme for 3+ (H) 2 (N5) dancers (external examiner)
 - ▶ * **Choreography Review** (written before practical exam day and external examiner marks it on the day of practical exam. Can be drafted, marked and redrafted)
- ▶ **Written Paper** **30% (H) 20% N5**
 - ▶ * **Question paper** during exam diet

What we have covered so far

24th Solo
Test

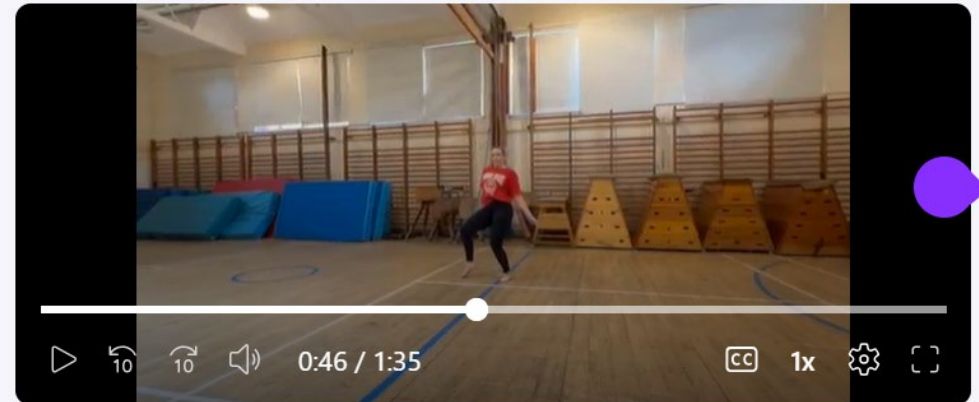
- ▶ 2 solos - Contemporary + Jazz
- Both videos on teams - should be rehearsing at least once a week out with class



Contemporary Dance

September 10, 2026 • 3 views • Mrs Rae

Add a description to explain what this video is about.



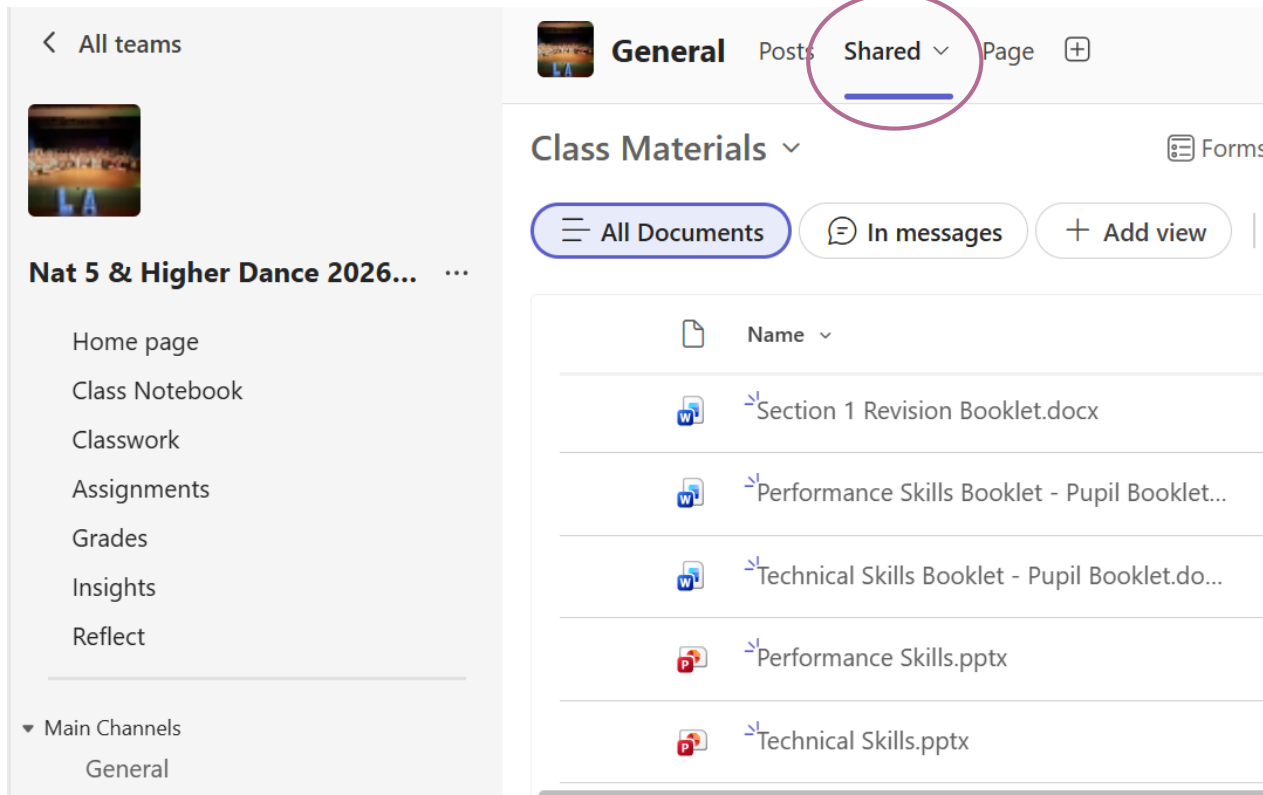
Nat 5 Jazz

June 11, 2026 • 64 views • Mrs Rae

Add a description to explain what this video is about.

Written Section 1 access to course notes

- Pupils can access this through teams - Revision booklet + notes



The screenshot shows a Microsoft Teams interface. On the left is a sidebar with a back arrow and 'All teams', a team profile picture, and the team name 'Nat 5 & Higher Dance 2026...'. Below this are links to 'Home page', 'Class Notebook', 'Classwork', 'Assignments', 'Grades', 'Insights', and 'Reflect'. At the bottom of the sidebar is a 'Main Channels' section with a link to 'General'. The main area of the screen shows the 'General' channel. At the top of this area are tabs for 'General', 'Posts', 'Shared', and 'Page'. The 'Shared' tab is selected and circled in red. Below the tabs is a 'Class Materials' section with a dropdown arrow and a 'Forms' icon. Under 'Class Materials' are three buttons: 'All Documents' (selected and outlined in blue), 'In messages', and '+ Add view'. Below these buttons is a list of shared documents. The list has a header with a document icon and the text 'Name'. The documents listed are: 'Section 1 Revision Booklet.docx' (Word icon), 'Performance Skills Booklet - Pupil Booklet...' (Word icon), 'Technical Skills Booklet - Pupil Booklet.do...' (Word icon), 'Performance Skills.pptx' (PowerPoint icon), and 'Technical Skills.pptx' (PowerPoint icon).

Homework issued
once a fortnight

Common Issue for dance - Written

- ▶ Not enough detail in their answers!
- ▶ How can you help? We need SPECIFIC EXAMPLES given using PEEI
- ▶ Point
- ▶ Explain
- ▶ Example
- ▶ Impact

Explain/Discuss the use of a rain coat in relation to travelling outside.

P Rain coats have a positive impact when travelling in the rain.

E A rain coat is an item of clothing that keeps the rain away from your skin so you stay dry when travelling outside.

E For example when I left the school building at the end of the school day to go to my car I realised it was pouring with rain. I put on my good rain coat which is a long Ragatta oversized black coat, which goes the length of my knees, has a hood and is waterproof.

I Due to my raincoat being completely waterproof, the rain was not able to pass through the fabric on to my skin. Therefore I was able to successfully travel from the school building to my car and stay dry. This meant when I was driving home I didn't make my car seat wet.



DANCE EXAMPLE

Explain the use of flexibility in your solo.

P

Flexibility has a positive impact on my jazz solo.

E

Flexibility is the range of movement in a joint or series of muscles and how far they are able to move.

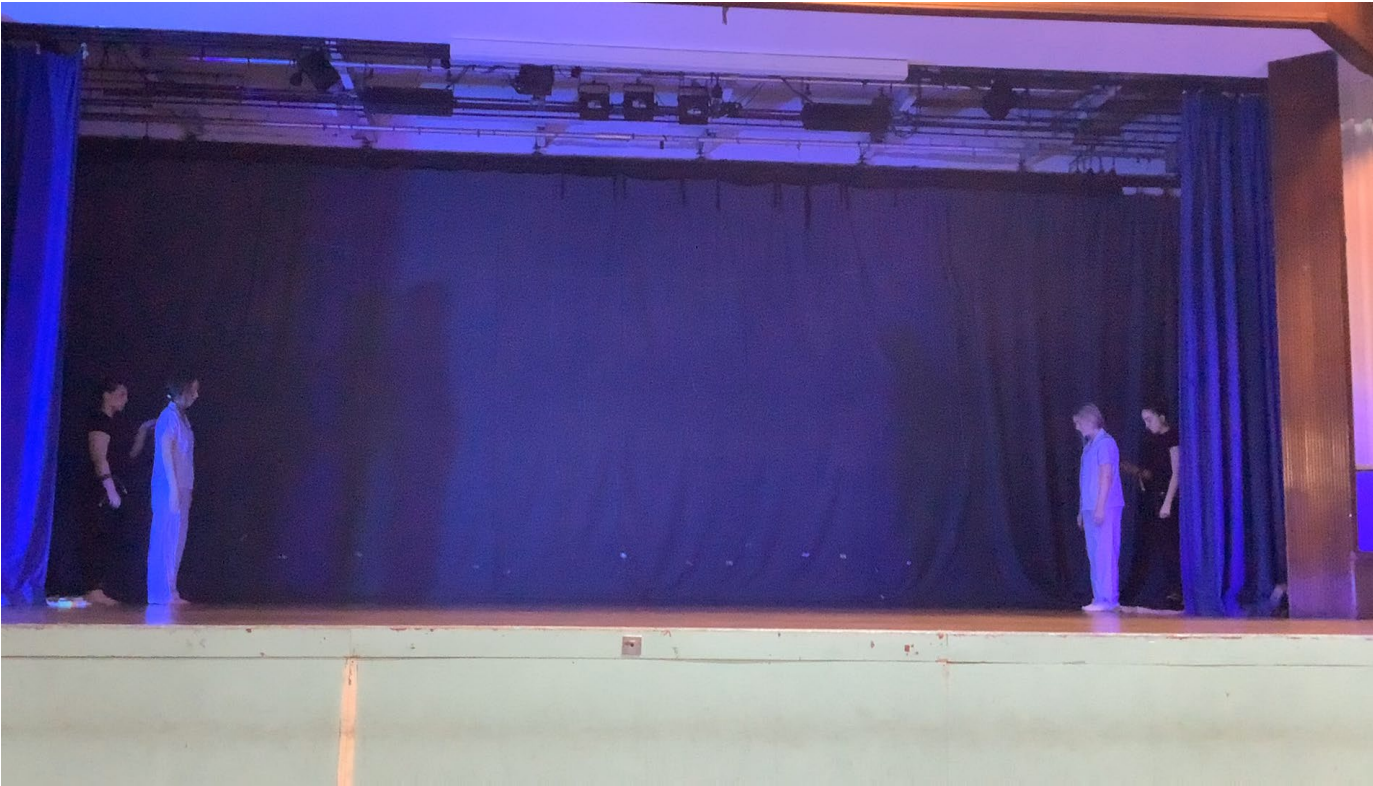
E

For example in my jazz solo we complete a step ball change step leap, where my legs are to go into a full split in the air while jumping. Aiming to put my legs in a 180 degree angle.

I

Because I have good flexibility I am able to push my legs to a full extension of 180 degree while leaping with ease. This means I am able to create a nice clean line with my legs ensuring I have straight legs and pointed toes. This helps add quality to my performance of the jazz dance style as I am doing the leap with the correct technique and getting my legs high in the air making it look more impressive.

What's coming up?? - CHOREO!



- ▶ They need to pick a theme and create a dance around it
- ▶ Specific story line/ Theme they are interested in helps!!
- ▶ Coming up with ideas for what they want to do would be helpful!
- ▶ Things they are interested in/ seen?

RECAP

- ▶ Practice Dances - Every week!
- ▶ Complete homework ensuring using SPECIFIC examples
- ▶ Check teams!!
- ▶ Have some choreo ideas